

Do you want to quit smoking?



Smoking Cessation Support are available!

◆ About smoking cessation support of Health Administration center

- Those who are interested in quitting smoking
- Those who want to know about smoking cessation treatment
- Those who have tried to quit smoking but failed... etc

● ● Health Administration will help you to quit smoking ● ●

◆ Measurement of carbon monoxide concentration in exhalation

➔ **Canceled to prevent the spread of COVID-19 infection**

- ◆ Smoking cessation consultation (Appointment required)
- ◆ Provide smoking cessation aids
- ◆ Reference to a specialized hospital

▶ Information on smoking and health

(Website of Ministry of Health, Labor and Welfare)

URL: https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/kenkou/tobacco/index.html

*Japanese only

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*The results of questionnaire conducted to smokers in the university are posted on the bulletin board at the center.